

Stouffville

Winter 2023 January - March



On behalf of Council, I am pleased to welcome you to the PLAY Book. Here you will find information on the many programs and services being offered in Whitchurch-Stouffville this winter. I hope it will inspire you and your family to be active, engaged, and of course, have fun together right here in our beautiful community.

I encourage everyone to make the most of what our Town has to

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There's *something* for everyone in Stouffville!

Keep your whole family active by registering for one of Stouffville's exciting, inclusive, and accessible programs. Learn how to swim or skate, improve your health with a membership to the Fitness Centre, join an adult sport league, enjoy a sewing workshop, and MORE – all in our positive community that supports overall physical and mental wellness.

Winter 2023 registration opening dates

Residents:

Monday, November 28, 2022 at 8:30 AM Online and in-person registration open at 8:30am



Monday, December 5, 2022 at 8:30 AM Non-residents are subject to a 20% surcharge to register in Town of Whitchurch-Stouffville programs

Programs begin January 9, 2023

Register for Town programs at townofws.ca/active

- Every family needs a login for access to register. Create a login by completing the Family Account Form at townofws.ca/register, and emailing it to leisure.services@townofws.ca along with proof of residency.
- Have questions or need help with registrations? Call 905-642-PLAY (7529) •
- Looking for fee subsidies? Stouffville is proud to support residents who need fee assistance. Visit townofws.ca/register for help in supporting your family's active lifestyle.



Our facilities

Whitchurch-Stouffville Leisure Centre 2 Park Dr

Nineteen on the Park Lebovic Centre for Arts & Entertainment 19 Civic Ave

Ballantrae Community Centre 5592 Aurora Sideroad

Ballantrae Field House

5592 Aurora Sideroad

Latcham Hall

8 Park Dr

13453 McCowan Rd

Thank you to our sponsors



Lemonville Community Centre

Stouffville Arena

12483 Ninth Line

Stouffville Clippers Sports Complex

120 Weldon Rd

Whitchurch-Stouffville Museum & Community Centre

14732 Woodbine Ave

Looking to book a facility? Please email facilitybooking@townofws.ca



- Trentadue Torres Group
- Times Group
- **Orca Equity Limited**
- DECAST Ltd.
- **Tim Hortons**
- **Forest Group**

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Treasure Hill



general information

Pool Hours	
Monday – Thursday	6:00 AM – 10:00 PM
Friday	6:00 AM – 9:00 PM
Saturday & Sunday	7:30 AM – 8:00 PM

Aquatic Centre Memberships

Membership	Monthly	3 Month	12 Month
Adult (18+)	\$28.78	\$83.00	\$316.20
Student full-time (14-25)	\$19.27	\$56.00	\$212.16
Senior (60+)	\$19.27	\$56.00	\$212.16
Tot (5 years and under)	\$8.54	\$25.00	\$93.84
Family	\$54.01	\$155.00	\$594.66

Public Swims

The pool at the Whitchurch-Stouffville Leisure Centre is a 6 lane, 25m pool that includes a therapy pool with HydroJets and a slide with 1½ turns.

Lane Swim

Find the lane that suits your speed and hop in the pool to swim some laps. Lane swim is dedicated to those wanting to swim for fitness and is open to patrons 10+ years.

Leisure Swim

Time to have fun in the pool with your family and friends. The slide is open during this all ages swim and water toys can be used in the pool.

Family Swim

Provides the perfect time for families with small children to enjoy the warmth of the therapy pool. Toys and lifejackets are available for use during family swim.

Aquafit

4

A low impact aerobics class is a great way to work on your cardio and muscle training, and is easy on your joints. This program is open to patrons 14+ years.

Swim Admission Policy

Red, yellow and green wristbands are provided based on the age of the swimmer and their ability to pass

the swim test. Wristbands must always be worn while in the pool or on the pool deck. The Swim Admission Policy is in place to keep all patrons safe.

Wristband	Age	Guardian		Ratio	Distance
Red	5 & under	Guardian aged 16+ required		1:2 - One guardian per two children (no exceptions)	Always within arms' reach
Yellow	6-9	Fail swim test	Guardian aged 16+ required	1:2 - One guardian per two children not wearing lifejackets (no exceptions)	Always within arms' reach
				1:6 - One guardian per 6 children wearing lifejackets	
		Pass swim test	May swim alone	N/A	N/A
Green	10 +	May swim alone		N/A	N/A





Drop in to swim!

View the full drop-in schedule at townofws.ca/active Do you want to register your child for swimming lessons, but don't know where to begin? Stop in during one of our leisure swims and speak to a Deck Supervisor - they will set up a swim assessment, so you will be confident you are registering your child in the right level.



The facility swim test must be completed to the satisfaction of the lifeguard on duty. The swimmer must be able to jump from the deck into shallow water and swim to the middle of the pool, turn around and return to the side of the pool.



adapted programming

Adapted Aquatics

All Ages	Leisure Centre	\$145.80
All Ages	Leisure Centre	\$145.80

Designed to give individuals with exceptionalities opportunities to experience the benefits of swimming. With the assistance of qualified staff and volunteers, participants will work on improving their comfort in the water in a progressive format based on their needs. Enjoy a supportive environment, while interacting with peers and having fun! Contact leisure.services@townofws.ca for more information on how to register.

Date	Day	Time	Barcode
Jan 10 - Mar 7	Tue	7:00 PM - 7:45 PM	25881
Jan 15 - Mar 12	Sun	12:30 PM - 1:15 PM	25880

babies and preschoolers

Parent & Tot 1/2

Ages 4-24 months	\$111.20 : Mon
Leisure Centre	\$125.10 : Tue – Sun

Assisted by their parents, children will float and kick on their front and back, learn to get their faces wet, and blow bubbles.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:30 PM – 6:00 PM	25888
Jan 11 - Mar 8	Wed	5:30 PM – 6:00 PM	25892
Jan 14 - Mar 11	Sat	11:00 AM – 11:30 AM	26362
		4:30 PM – 5:00PM	26362
Jan 15 - Mar 12	Sun	11:00 AM – 11:30 AM	25891

Parent & Tot 2/3

Ages 12-36 months	\$111.20 : Mon
Leisure Centre	\$125.10 : Tue – Sun

Parents will help their child jump into water and learn to submerge and hold breath underwater. They will also aim to do starfish and pencil floats, as well as kick on both their front and back.

Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	5:30 PM – 6:00PM	25898
Jan 12 – Mar 9	Thu	5:30 PM – 6:00 PM	25897
Jan 13 – Mar 10	Fri	5:30 PM – 6:00PM	25893
Jan 14 – Mar 11	Sat	12:00 PM - 12:30 PM	25894
Jan 15 – Mar 12	Sun	12:00 PM - 12:30 PM	26373
		4:30 PM – 5:00PM	26373



Preschool A Ages 3-5 \$111.20 : Mon Leisure Centre \$125.10 : Tue – Sun Preschoolers will have fun learning to get in and out of the water

and start to get comfortable jumping into chest-deep water. They will float and glide on their front and backs, learn to get their faces wet, and blow bubbles underwater.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:00 PM – 5:30 PM	26293
		6:00 PM – 6:30 PM	26293
Jan 10 - Mar 7	Tue	5:00 PM – 5:30 PM	26320
		6:00 PM – 6:30 PM	26320
Jan 11 - Mar 8	Wed	5:00 PM – 5:30 PM	26330
		6:00 PM – 6:30 PM	26330
Jan 12 - Mar 9	Thu	5:00 PM – 5:30 PM	26336
		6:00 PM – 6:30 PM	26336
Jan 13 - Mar 10	Fri	5:00 PM – 5:30 PM	26292
		6:00 PM – 6:30 PM	26292
Jan 14 - Mar 11	Sat	10:30 AM – 11:00 AM	26294
		11:30 AM – 12:00 PM	26294
		12:30 PM – 1:00 PM	26294
		5:00 PM – 5:30 PM	26294
Jan 15 - Mar 12	Sun	10:30 AM – 11:00 AM	26374
		11:30 AM – 12:00 PM	26374
		12:30 PM – 1:00 PM	26374
		5:00 PM – 5:30 PM	26374

Jan 12

Jan 13

Preschool B

Ages 3-5

Leisure Centre

\$111.20 : Mon \$125.10 : Tue - Sun

Preschoolers learn to jump into chest-deep water by themselves and get in and get out wearing a lifejacket. They also begin to submerge and exhale underwater. Wearing a lifejacket, kids will glide both front and back, and learn to kick while on their backs.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:00 PM – 5:30 PM	26299
		6:00 PM – 6:30 PM	26299
Jan 10 - Mar 7	Tue	5:00 PM – 5:30 PM	26322
		6:00 PM – 6:30 PM	26322
Jan 11 - Mar 8	Wed	5:00 PM – 5:30 PM	26331
		6:00 PM – 6:30 PM	26331
Jan 12 - Mar 9	Thu	5:00 PM – 5:30 PM	26338
		6:00 PM – 6:30 PM	26338
Jan 13 - Mar 10	Fri	5:00 PM – 5:30 PM	26352
		6:00 PM – 6:30 PM	26352
Jan 14 - Mar 11	Sat	10:30 AM - 11:00 AM	26363
		11:30 AM – 12:00 PM	26363
		12:30 PM – 1:00 PM	26363
		5:30 PM – 6:00 PM	26363
Jan 15 - Mar 12	Sun	10:30 AM – 11:00 AM	26375
		11:30 AM – 12:00 PM	26375
		12:30 PM – 1:00 PM	26375
		5:30 PM – 6:00 PM	26375



Preschool C

Ages 3-5	\$111.20 : Mon
Leisure Centre	\$125.10 : Tue – Sun

Try both jumping and sideways entries into deep water while wearing a lifejacket! Preschoolers will retrieve objects from the bottom of the pool in waist-deep water, and work on kicking and gliding through the water on both their front and backs.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:00 PM – 5:30 PM	26301
		6:00 PM – 6:30 PM	26301
Jan 10 - Mar 7	Tue	5:00 PM – 5:30 PM	26323
		6:00 PM – 6:30 PM	26323
Jan 11 - Mar 8	Wed	5:00 PM – 5:30 PM	26332
		6:00 PM – 6:30 PM	26332
Jan 12 - Mar 9	Thu	5:00 PM – 5:30 PM	26339
		6:30 PM – 7:00 PM	26339
Jan 13 - Mar 10	Fri	5:00 PM – 5:30 PM	26353
		6:30 PM – 7:00 PM	26353
Jan 14 - Mar 11	Sat	9:30 AM – 10:00 AM	26364
		12:00 PM - 12:30 PM	26364
		1:00 PM – 1:30 PM	26364
		4:30 PM – 5:00 PM	26364
		6:00 PM – 6:30 PM	26364
Jan 15 - Mar 12	Sun	9:30 AM – 10:00 AM	26376
		11:30 AM - 12:00 PM	26376
		1:00 PM – 1:30 PM	26376
		4:30 PM – 5:00 PM	26376
		6:00 PM – 6:30 PM	26376



Preschool D

Ages 3-5	\$111.20 : Mon
Leisure Centre	\$125.10 : Tue – Sun

Advanced preschoolers will learn to do solo jumps into deeper water and exit independently. Kids will complete sideways entries, open their eyes underwater, master a short swim wearing a lifejacket, and gliding and kicking on their side.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:30 PM – 6:00 PM	26302
		6:30 PM – 7:00 PM	26302
Jan 10 - Mar 7	Tue	5:30 PM – 6:00 PM	26324
		6:30 PM – 7:00 PM	26324
Jan 11 - Mar 8	Wed	5:30 PM – 6:00 PM	26333
		6:30 PM – 7:00 PM	26333
Jan 12 - Mar 9	Thu	5:30 PM – 6:00 PM	26340
		7:00 PM – 7:30 PM	26340
Jan 13 - Mar 10	Fri	5:30 PM – 6:00 PM	26354
		7:00 PM – 7:30 PM	26354
Jan 14 - Mar 11	Sat	10:00 AM – 10:30 AM	26366
		12:30 PM – 1:00 PM	26366
		5:00 PM – 5:30 PM	26366
		6:30 PM – 7:00 PM	26366
Jan 15 - Mar 12	Sun	10:00 AM – 10:30 AM	26377
		12:00 PM – 12:30 PM	26377
		5:00 PM – 5:30 PM	26377
		6:30 PM – 7:00 PM	26377

Preschool E

Δ 1

Ages 3-5	\$111.20 : Mon
eisure Centre	\$125.10 : Tue – Sun

Kids can get more adventurous with a forward roll entry into the pool while wearing a lifejacket and holding their breath underwater for up to 10 seconds. They will practice front and back crawl, interval training, and get a giggle doing whip kick.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	7:00 PM – 7:30 PM	25973
Jan 10 - Mar 7	Tue	7:30 PM – 8:00 PM	25977
Jan 11 - Mar 8	Wed	7:00 PM – 7:30 PM	25978
Jan 12 - Mar 9	Thu	7:30 PM – 8:00 PM	25976
Jan 13 - Mar 10	Fri	7:30 PM – 8:00 PM	25972
Jan 14 - Mar 11	Sat	11:00 AM – 11:30 AM	25974
Jan 15 - Mar 12	Sun	11:00 AM – 11:30 AM	25975

children & youth



Swimmer 1

Ages 6-12 Leisure Centre

\$111.20 : Mon \$125.10 : Tue – Sun

Kids will become comfortable jumping into water with and without lifejackets, learning to open their eyes, exhale, and hold their breath underwater. Students will work on floats, glides, and kicking through the water on their front and back.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:30 PM – 6:00 PM	26296
		6:30 PM – 7:00 PM	26296
Jan 10 - Mar 7	Tue	5:30 PM – 6:00 PM	26323
		6:30 PM – 7:00 PM	26323
Jan 11 - Mar 8	Wed	5:30 PM – 6:00 PM	26334
		6:30 PM – 7:00 PM	26334
Jan 12 - Mar 9	Thu	5:30 PM – 6:00 PM	26341
		7:00 PM – 7:30 PM	26341
Jan 13 - Mar 10	Fri	5:30 PM – 6:00 PM	26355
		7:00 PM – 7:30 PM	26355
		7:30 PM – 8:00 PM	26355
Jan 14 - Mar 11	Sat	9:30 AM – 10:00 AM	26371
		11:00 AM – 11:30 AM	26371
		1:00 PM – 1:30 PM	26371
		4:30 PM – 5:00 PM	26371
		6:00 PM – 6:30 PM	26371
Jan 15 - Mar 12	Sun	9:30 AM – 10:00 AM	26378
		11:00 AM – 11:30 AM	26378
		12:00 PM – 12:30 PM	26378
		4:30 PM – 5:00 PM	26378
		6:00 PM – 6:30 PM	26378

Swimmer 2

Ages 6-12	\$111.20 : Mon
Leisure Centre	\$125.10 : Tue – Sun

Jump into deeper water and learn to be comfortable falling sideways into the water wearing a lifejacket. Children will be able to support themselves at the surface without an aid, learn whip kick, swim 10m on their front and back, and be introduced to flutter kick interval training.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:30 PM – 6:00 PM	26303
		7:00 PM – 7:30 PM	26303
Jan 10 - Mar 7	Tue	6:30 PM – 7:00 PM	26327
		7:00 PM – 7:30 PM	26327
Jan 11 - Mar 8	Wed	5:30 PM – 6:00 PM	26335
		7:00 PM – 7:30 PM	26335
Jan 12 - Mar 9	Thu	6:30 PM – 7:00 PM	26342
		7:30 PM – 8:00 PM	26342
Jan 13 - Mar 10	Fri	6:30 PM – 7:00 PM	26356
		7:30 PM – 8:00 PM	26356
Jan 14 - Mar 11 S	Sat	10:00 AM – 10:30 AM	26372
		12:00 PM – 12:30 PM	26372
		1:00 PM – 1:30 PM	26372
		5:30 PM – 6:00 PM	26372
		6:30 PM – 7:00 PM	26372
Jan 15 - Mar 12	Sun	10:00 AM – 10:30 AM	26379
		12:00 PM - 12:30 PM	26379
		5:30 PM – 6:00 PM	26379
		6:30 PM – 7:00 PM	26379

Swimmer 3

Ages 6-12	Mon \$129.60
Leisure Centre	Tue – Sun \$145.80

Dive in and do in-water front somersaults and handstands! Kids will work on 15m of front and back crawl and 10m of whip kick. Flutter kick interval training increases to 4m x 15m.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	6:00 PM – 6:45 PM	26202
Jan 10 - Mar 7	Tue	5:30 PM – 6:15 PM	26206
Jan 11 - Mar 8	Wed	6:00 PM – 6:45 PM	26207
Jan 12 - Mar 9	Thu	6:15 PM – 7:00 PM	26205
Jan 13 - Mar 10	Fri	6:15 PM – 7:00 PM	26201
Jan 14 - Mar 11	Sat	10:30 AM – 11:15 AM	26203
Jan 15 - Mar 12	Sun	10:30 AM – 11:15 AM	26204





Jan 9 -Jan 10 _____ Jan 11 _____ Jan 12 _____ Jan 13

Ages 6-12	Mon \$146.40
Leisure Centre	Tue – Sun \$164.70

Dive in and do in-water front somersaults and handstands! Kids will work on 15m of front and back crawl and 10m of whip kick. Flutter kick interval training increases to 4m x 15m.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:30 PM – 6:00 PM	26126
Jan 10 - Mar 7	Tue	6:30 PM – 7:00 PM	26132
Jan 11 - Mar 8	Wed	5:30 PM – 6:00 PM	26133
Jan 12 - Mar 9	Thu	7:00 PM – 7:30 PM	26131
Jan 13 - Mar 10	Fri	7:00 PM – 7:30 PM	26125
Jan 14 - Mar 11	Sat	12:00 PM – 12:30 PM	26367
		4:30 PM – 5:00 PM	26367
Jan 15 - Mar 12	Sun	1:00 PM – 1:30 PM	26380
		4:30 PM – 5:00 PM	26380

Swimmer 4

Ages 6-12	Mon \$129.60
Leisure Centre	Tue – Sun \$145.80

Kids swim 5m underwater, 25m of front and back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. Cap it all off with front crawl sprints over 25m and 4m x 25m front or back crawl interval training.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	6:45 PM – 7:30 PM	26209
Jan 10 - Mar 7	Tue	6:15 PM – 7:00PM	26213
Jan 11 - Mar 8	Wed	6:45 PM – 7:30 PM	26214
Jan 12 - Mar 9	Thu	5:30 PM – 6:15 PM	26212
Jan 13 - Mar 10	Fri	5:30 PM – 6:15 PM	26208
Jan 14 - Mar 11	Sat	11:15 AM – 12:00 PM	26210
Jan 15 - Mar 12	Sun	11:15 AM – 12:00 PM	26211





Swimmer 4: Small Group

Ages 6-12	Mon \$146.40
Leisure Centre	Tue – Sun \$164.70

Kids swim 5m underwater, 25m of front and back crawl, whip kick, and breaststroke arms with breathing. Their new bag of tricks includes the completion of the Canadian Swim to Survive® Standard. Cap it all off with front crawl sprints over 25m and 4m x 25m front or back crawl interval training.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	6:00 PM – 6:30 PM	26135
Jan 10 - Mar 7	Tue	5:30 PM – 6:00 PM	26141
Jan 11 - Mar 8	Wed	6:00 PM – 6:30 PM	26142
Jan 12 - Mar 9	Thu	7:30 PM – 8:00 PM	26140
Jan 13 - Mar 10	Fri	7:30 PM – 8:00 PM	26134
Jan 14 - Mar 11	Sat	12:30 PM - 1:00 PM	26368
		5:00 PM – 5:30 PM	26368
Jan 15 - Mar 12	Sun	12:30 PM - 1:00 PM	26381
		5:00 PM – 5:30 PM	26381

Swimmer 5

Ages 6-12	Mon \$129.60
Leisure Centre	Tue – Sun \$145.80

Master shallow dives, cannonball entries, eggbeater kicks, and inwater backward somersaults. Refine front and back crawl over 50m swims of each, and breaststroke over 25m. Next, kids will pick up the pace in 25m sprints and two interval training bouts: 4m x 50m front or back crawl and 4m x 15m breaststroke.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	6:15 PM – 7:00 PM	26216
Jan 10 - Mar 7	Tue	6:15 PM – 7:00 PM	26220
Jan 11 - Mar 8	Wed	6:15 PM – 7:00 PM	26221
Jan 12 - Mar 9	Thu	5:30 PM – 6:15 PM	26219
Jan 13 - Mar 10	Fri	6:00 PM – 6:45 PM	26215
Jan 14 - Mar 11	Sat	10:15 AM – 11:00 AM	26217
Jan 15 - Mar 12	Sun	10:15 AM – 11:00 AM	26218





Swimmer 5: Small Group

Ages 6-12	Mon \$146.40
Leisure Centre	Tue – Sun \$164.70

Master shallow dives, cannonball entries, eggbeater kicks, and inwater backward somersaults. Refine front and back crawl over 50m swims of each, and breaststroke over 25m. Next, kids will pick up the pace in 25m sprints and two interval training bouts: 4m x 50m front or back crawl and 4m x 15m breaststroke.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	7:00 PM – 7:30 PM	26144
Jan 10 - Mar 7	Tue	7:00 PM – 7:30 PM	26150
Jan 11 - Mar 8	Wed	7:00 PM – 7:30 PM	26151
Jan 12 - Mar 9	Thu	7:30 PM – 8:00 PM	26149
Jan 13 - Mar 10	Fri	5:00 PM – 5:30 PM	26143
Jan 14 - Mar 11	Sat	11:30 AM - 12:00 PM	26369
		5:30 PM – 6:00 PM	26369
Jan 15 - Mar 12	Sun	11:30 AM – 12:00 PM	26382
		5:30 PM – 6:00 PM	26382

Swimmer 6

Ages 6-12	
Leisure Centre	

Mon \$129.60 Tue – Sun \$145.80

Rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor kick. Kids develop strength and power in head-up breaststroke sprints over 25m. Learn to easily swim lengths of front crawl, back crawl, and breaststroke!

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:30 PM – 6:15 PM	26223
Jan 10 - Mar 7	Tue	5:30 PM – 6:15 PM	26227
Jan 11 - Mar 8	Wed	5:30 PM – 6:15 PM	26228
Jan 12 - Mar 9	Thu	6:15 PM – 7:00 PM	26226
Jan 13 - Mar 10	Fri	6:45 PM – 7:30 PM	26222
Jan 14 - Mar 11	Sat	9:30 AM – 10:15 AM	26224
Jan 15 - Mar 12	Sun	9:30 AM – 10:15 AM	26225





Swimmer 6: Small Group

Ages 6-12	Mon \$146.40
Leisure Centre	Tue – Sun \$164.70

Rise to the challenge of sophisticated aquatic skills including stride entries, compact jumps, and lifesaving kicks like eggbeater and scissor kick. Kids develop strength and power in head-up breaststroke sprints over 25m. Learn to easily swim lengths of front crawl, back crawl, and breaststroke!

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	6:30 PM – 7:00 PM	26153
Jan 10 - Mar 7	Tue	7:30 PM – 8:00 PM	26159
Jan 11 - Mar 8	Wed	6:30 PM – 7:00 PM	26160
Jan 12 - Mar 9	Thu	7:00 PM – 7:30 PM	26158
Jan 13 - Mar 10	Fri	6:00 PM – 6:30 PM	26152
Jan 14 - Mar 11	Sat	10:30 AM – 11:00 AM	26370
		6:00 PM – 6:30 PM	26370
Jan 15 - Mar 12	Sun	10:30 AM – 11:00 AM	26383
		6:00 PM – 6:30 PM	26383

Swimmer 7 & 8: **Rookie & Ranger Patrol**

Ages 6-12		
Leisure Centre		

Mon \$129.60 Tue - Sun \$145.80

Swimmer 7: Rookie Patrol

Swimmers continue stroke development with 50m swims of front crawl, back crawl, and breaststroke. Lifesaving Sport skills include a 25m obstacle swim and 15m object carry. First aid focuses on assessment of conscious victims, contacting EMS and treatment for bleeding. Fitness improves in 350m workouts and 100m timed swims.

Swimmer 8: Ranger Patrol

Swimmers develop better strokes over 75m swims of each stroke. They tackle Lifesaving Sport skills in a lifesaving medley, timed object support and rescue with a buoyant aid. First aid focuses on assessment of unconscious victims, treatment of victims in shock and obstructed airway procedures. Skill drills develop a strong lifesaving foundation.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:00 PM – 5:45 PM	26230
Jan 10 - Mar 7	Tue	7:45 PM – 8:30 PM	26234
Jan 11 - Mar 8	Wed	5:00 PM – 5:45 PM	26235
Jan 12 - Mar 9	Thu	7:15 PM – 8:00 PM	26233
Jan 13 - Mar 10	Fri	7:15 PM – 8:00 PM	26229
Jan 14 - Mar 11	Sat	11:00 AM – 11:45 AM	26231
Jan 15 - Mar 12	Sun	11:45 AM – 12:30 PM	26232





Swimmer 9 & Bronze Star

Ages 6-12	Mon \$129.60
eisure Centre	Tue – Sun \$145.80

Swimmer 9: Star Patrol

Swimmers are challenged with 600m workouts; 300m timed swims and a 25m object carry. Strokes are refined over 100m swims. First aid focuses on treatment of bone or joint injuries and respiratory emergencies including asthma and allergic reactions. Lifesaving skills include defense methods, victim removals and rolling over and supporting a victim face up in shallow water.

Bronze Star

Develops swimming proficiency, lifesaving skill and personal fitness. Candidates refine their stroke mechanics, learn self-rescue skills, and apply fitness principles in training workouts. Bronze Star is excellent preparation for Bronze Medallion and provides a fun introduction to lifesaving sport

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:45 PM – 6:30 PM	26237
Jan 10 - Mar 7	Tue	7:00 PM – 7:45 PM	26241
Jan 11 - Mar 8	Wed	5:45 PM – 6:30 PM	26242
Jan 12 - Mar 9	Thu	6:30 PM – 7:15 PM	26240
Jan 13 - Mar 10	Fri	6:30 PM – 7:15 PM	26236
Jan 14 - Mar 11	Sat	11:45 AM – 12:30 PM	26238
Jan 15 - Mar 12	Sun	11:00 AM – 11:45 AM	26239

Ages Leisur

Jan 12 Jan 13

Private Swim Lessons

3+	Mon \$239.52/Semi \$165.44
re Centre	Tue – Sun \$269.46/ Semi \$186.12

Ideal for children who have struggled with a swim level, kids benefit from focusing on completing specific skills to progress to the next level, one-on-one with an instructor. To turn a private swim lesson into a semi-private lesson, register your first child in a private lesson then contact the aquatic supervisor to add the second child. Both children must be in the same level or have similar swim ability.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	5:00 PM – 8:00 PM	25999
Jan 10 - Mar 7	Tue	5:30 PM – 8:30 PM	26090
Jan 11 - Mar 8	Wed	5:00 PM - 8:00 PM	26108
Jan 12 - Mar 9	Thu	5:30 PM - 8:30 PM	26066
Jan 13 - Mar 10	Fri	5:00 PM – 7:30 PM	25979
Jan 14 - Mar 11	Sat	9:30 AM – 6:30 PM	26016
Jan 15 - Mar 12	Sun	9:30 AM - 6:30 PM	26042



how to become a lifeguard or swim instructor

Interested in becoming a lifeguard? Want to wear that blue-and-white shirt and patrol the borders of the pool? Lifeguarding/instructing is a rewarding and fun part time or summer job that will give you opportunities to develop personally and professionally and work as a team. To see what positions the town has to offer, visit townofws.ca/en/town-hall/employment-opportunities.



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Jan 15 – Mar 12

Sun

Adult/Teen 1	
Ages 13+	Mon \$111.20
Leisure Centre	Tue – Sun \$125.10

Work towards a 10-15m swim on your front and back. Complete jump entries from the side and recover an object from the bottom of chest-deep water. Improve overall fitness and flutter kicking with 4m x 9-12m interval training.

Date	Day	Time	Barcode
Jan 9 - Mar 6	Mon	7:00 PM – 7:30 PM	25882
Jan 11 – Mar 8	Wed	7:00 PM – 7:30 PM	25884
Jan 14 – Mar 11	Sat	6:30 PM – 7:00 PM	25883



dult/Teen 2					
ges 13+	Leis	ure Centre	\$125.10		
ck it up a notch working on two interval training workouts of n x 25m kicking and front or back crawl. Perform dive entries nd demonstrate breaststroke arms and breathing over 10-15m. articipants support themselves at the surface for 1-2 minutes and omplete handstands in shallow water.					
ate	Day	Time	Barcode		
n 10 – Mar 7	Tue	8:30 PM – 9:00 PM	25887		
n 12 – Mar 9	Thu	8:00 PM - 8:30 PM	25886		

Bronze Medallion & Emergency First Aid CPR B

Ages 13+

This course challenges the candidate both mentally and physically. Judgment, knowledge, skill, and fitness - the four components of water rescue – form the basis of Bronze Medallion training. Candidates acquire the assessment and problem-solving skills needed to make good decisions in, on, and around the water. Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

Date _____

Jan 9 lan 14

Bronze Cross

Ages

Swimmers begin the transition from lifesaving to lifeguarding and prepare for responsibilities as assistant lifeguards. Candidates strengthen and expand their lifesaving skills and begin to apply the principles and techniques of active surveillance in aquatic facilities. Bronze Cross emphasizes the importance of teamwork and communication in preventing and responding to aquatic emergencies; it is a prerequisite for advanced training in the National Lifeguard and leadership certification programs.

Date

Jan 11 Jan 15

12:30 PM - 1:00 PM 25880

leadership

Become a Lifeguard or Swim Instructor!

Take your first steps into the exciting world of aquatics with our Aquatic Leadership Courses. All Leadership Courses are recognized by the Lifesaving Society of Canada.

Leisure Centre

\$225

e	Day	Time	Barcode
– Mar 6	Mon	5:00 PM - 7:30 PM	26399
4 – Mar 11	Sat	11:00 AM – 1:30 PM	26384

s 13+	Leisure Centre	\$185

2	Day	Time	Barcode
1 – Mar 8	Wed	5:00 PM – 7:30 PM	26400
5 – Mar 12	Sun	11:00 AM – 1:30 PM	26385



Standard First Aid & CPR C

Ages 12+	Leisure Centre	\$165

Comprehensive training covering all aspects of first aid and CPR. Standard First Aid incorporates all of Emergency First Aid and is designed for those who require a more in-depth understanding of first aid including, legal implications of first aid treatment, spinal injuries, heat or cold injuries, bone and joint injuries, abdominal and chest injuries, burns, and medical emergencies.

Date	Day	Time	Barcode
Jan 28 – Jan 29	Sat & Sun	9:30 AM – 6:00 PM	26387
Mar 11 – Mar 12	Sat & Sun	9:30 AM – 6:00 PM	26393

Standard First Aid & CPR C Recertification

Ages 12+	Leisure Centre	\$185
This course review	vs a candidate's existing Standard F	irst Aid & CPR

skills. Successful completion renews the award for 3 years.

Date	Day	Time	Barcode
Jan 8	Sat & Sun	9:30 AM – 6:00 PM	26386
Mar 19	Sat & Sun	9:30 AM - 6:00 PM	26389

Assistant Instructor

Ages 14+	Leisure Centre	\$130
0		

Through classroom learning and in-water practice, this Lifesaving Society course prepares candidates to help instructors with swimming and lifesaving classes. Candidates learn roles and responsibilities of instructors and are introduced to key principles of learning and teaching while mastering basic progressions.

Date	Day	Time	Barcode
Feb 18 – Feb 19	Sat & Sun	9:00 AM – 6:30 PM	26388

Tri Instructor – Swim, Lifesaving & Emergency First Aid

Ages 15+	Leisure Centre	\$300
nges is.		4300

Prepares the instructors to teach and evaluate swim strokes and lifesaving skills. Through classroom learning and in-water practice, candidates explore teaching methods, learning strategies and activities, a variety of stroke and skill drills, correction techniques, and evaluation criteria. Practice teaching is emphasized throughout.

Date	Day	Time	Barcode
Mar 10 & 17	Fri	4:00 PM - 9:00 PM	26397
Mar 11 & 18	Sat	10:30 AM - 7:00 PM	26397
Mar 12 & 19	Sun	10:30 AM - 7:00 PM	26397

National Lifeguard – Pool

Ages 15+	Leisure Centre	\$250

This course is designed to develop sound understanding of lifeguarding principles, good judgement, and mature, responsible attitude toward the role of the lifeguard. The program emphasizes teamwork, leadership, communications, prevention of accidents and treatment of medical emergencies. Participants are taught advanced lifeguarding skills in a lecture format and are required to demonstrate competency in managing a variety of emergency situations within an aquatic environment. Successful completion of this course will certify the candidate in the only recognized lifeguarding award in Canada.

Date	Day	Time	Barcode
Mar 13 – Mar 17	Mon – Fri	12:00 PM - 8:30 PM	26394

National Lifeguard – Pool Recertification

Ages 15+	Leis	sure Centre	\$90
	6	ose who need to r	1 5
lifeguard, rene	ewing the certific	cation for 2 years	upon completion.
Date	Day	Time	Barcode

Date	Day	Time	Barcode
Mar 16	Thu	1:00 PM – 7:00 PM	26395



Ages 16+

For de knowl manag

Date

Mar 4



Exa

Ages

Date

Mar 5

SEE (Supervision Evaluation and Enhancement) Auditor

Ages Designed to give participants the knowledge, training, and tools required to evaluate the effectiveness of lifeguard and instructor supervision using Lifesaving Society SEE checklists.

Aquatic Supervisor Training

eck-level supervisory staff, this 10-hour course provides the
ledge and skills beyond National Lifeguard certification to
age a safe aquatic environment.

Leisure Centre

2	Day	Time	Barcode
4	Sat	9:00 AM – 7:00 PM	26391

am	in	e	rs
		-	

; 16+	Leisure Centre	\$85

The first in a 3-step process, preparing candidates to successfully apprentice as an Examiner on the exam of their choice. This course builds on the evaluation experience that candidates have attained in the instructor-evaluated content. Examiners are experienced instructors that must have teaching experience: they must have taught or co-taught at least one course in the stream(s) in which they are seeking certification as an examiner.

2	Day	Time	Barcode
5	Sun	10:00 AM – 5:00PM	26392

i 16+	Leisure Centre	\$60

Date	Day	Time	Barcode
Mar 3	Fri	5:00 PM – 9:00 PM	26390

\$90



fitness club

Whitchurch-Stouffville Leisure Centre 2 Park Drive. Stouffville 905-642-PLAY (7529) x 5319 leisure.services@townofws.ca

Quality programming by certified fitness professionals

Hours of Operation

Monday – Thursday	6:00 AM – 10:00 PM
Friday	6:00 AM – 9:00 PM
Saturday & Sunday	7:30 AM - 5:00 PM

Stouffville membership plans let you customize a wellness plan that best meets your needs. Drop-in for a day, sign up for a month, or commit to fit for the year! Our plans include access to all fitness classes, the training area and all swim drop-in classes.

Membership	Monthly	3 Month	12 Month
Adult (18+)	\$45.00	\$132.00	\$490.00
Student full-time (14-25)	\$33.75	\$99.00	\$367.50
Senior (60+)	\$33.75	\$99.00	\$367.50
Locker Rental (Fitness)	\$4.10	\$12.00	\$45.00

Group Fitness, Cycle Fit & Aquafit Classes

- Classes for all levels led by certified instructors
- Monthly, annual, or pay as you go options
- Seasonal schedule with no pre-booking required
- Discounts on active living programs for family members



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Drop in to fitness! View the full drop-in schedule at townofws.ca/active

Aquatic Centre

- 25m swimming pool
- Heated therapy pool with hydro-jets
- Lane and leisure swims
- Water slide (height minimum 42")



Drop in to swim! View the schedule at townofws.ca/active

Student full-time (14-25) Senior (60+)

Family

Tot (5 years and under)

Membership

Adult (18+)

Certified Personal Training

- Enhances the quality and effectiveness of workouts
- Increase motivation and streamlines time efficiency
- Appointments scheduled at your convenience
- Group training available, contact fitness center for rate details

# of sessions	30 Minute	60 Minute
1	\$33.63	\$53.10
5	\$162.16	\$252.96
10	\$300.29	\$481.14



Stouffville Walks

Ages 18+ Leisure Centre

In need of a space to walk once the weather gets gloomy and walkways become treacherous? Join a supportive group of walkers and staff. Poles are provided for those interested in pole walking or you can just lace up and get moving.

Date

Oct 31 – Mar 31

Monthly	3 Month	12 Month
\$28.78	\$83.00	\$316.20
\$19.27	\$56.00	\$212.16
\$19.27	\$56.00	\$212.16
\$8.54	\$25.00	\$93.84
\$54.01	\$155.00	\$594.66



\$2.88 per visit \$25 – 10 visit pass \$61.95 - season pass

Day	Time
Mon, Wed, Fri	8:00 AM – 10:00 AM



recreation



In addition to many fun registered programs, the town also offers a variety of drop-in activities

Drop-In Gymnasium - Sports

Our drop-in sports programs are an opportunity for participants to engage in recreational play in a non-competitive environment.

Volleyball (18+ yrs.) •

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- Youth Volleyball (11-17 yrs.)
- Basketball (18+ yrs.)
- ٠ Youth Basketball (11-14 & 14-17 yrs.)
- Family Basketball (6-12 yrs. + Adult) •
- Pickleball (18+ yrs.) Ladies Only Pickleball (18+ yrs.)
- Badminton (18+ yrs.)
- Family Badminton (6-17 yrs. + Adult) •
 - Table Tennis (18+ yrs.)

Drop-In Gymnasium - Parent and Tot

Drop-in Parent and Tot is a free-play environment including the use of various play equipment such as junior soccer and basketball nets, scooters and much more.



Drop in to sports, games, and activities!

View the full drop-in schedule at townofws.ca/active

family

Ages 3+	Stouffville	Arena \$4	2 per persor	
Learn how to skat	te as a family c	over the winter holida	y break or	
March break! This	s beginner leve	l skating program wi	ll focus on	
forward skating and stopping. Lessons will be tailored to meet the				
forward skating a	nd stopping. L	essons will be tailore	d to meet the	
forward skating a need of each fam		essons will be tailore	d to meet the	
6		essons will be tailore Time	d to meet the Barcode	
need of each fam	ily.		Barcode	





Date lan 9 -

Jan 12

Sporty Moms & Babies

Ages 18+	Leisure Centre	\$8

This is an active program for Mom and an interactive session for baby. For Mom the class includes a cardiovascular aerobic workout and muscle conditioning segment that can use the baby as resistance. For baby, the class followed by an interactive play program includes songs, bubbles, and giggles.

Date	Day	Time	Barcode
Jan 12 – Mar 16	Thu	11:30 AM – 12:30 PM	25875



Does your little one dance around the house all day? This program is the perfect place for them to learn the basics of dance and how to creatively move to music. Watch your child combine their new skills into a short dance routine presented at the end of the session.

Ages

Date

Jan 9 -

preschool

Tiny Dancers

5 21/2-4	Ballantrae	Community Centre	\$90
9	Day	Time	Barcode
– Mar 6	Mon	5:30 PM – 6:15 PM	26284
s 2½-4	Leisure Centre		\$90
9	Day	Time	Barcode
2 – Mar 9	Thu	5:30 PM – 6:15 PM	26285
5 4-6	Ballantrae	Community Centre	\$90
9	Day	Time	Barcode
– Mar 6	Mon	6:15 PM – 7:00 PM	26286
5 4-6	Leisure Centre		\$90
9	Day	Time	Barcode
2 – Mar 9	Thu	6:15 PM – 7:00 PM	26287

Tot Spot

Get your little one out to meet others their own age and burn off some energy! This co-operative group program offers opportunities for free play and peer-to-peer social interaction, as well as structured activities that promote learning and encourage independence. With a focus on the development of gross and fine motor skills, this enriching environment promotes growth and development, led by experienced staff, and supervised by parents and guardians.

Ages 6 months - 6 years Latcham Hall		Mon: \$84 Tue & Wed: \$94.50	
Date	Day	Time	Barcode
Jan 9 – Mar 6	Mon	6:15 PM – 7:00 PM	26289
Jan 10 – Mar 7	Tue	6:15 PM – 7:00 PM	26288
Jan 11 – Mar 8	Wed	6:15 PM – 7:00 PM	26290



Taekwon-Do Little Dragons

Ages 2-5	Harry Bowes Public School	\$249
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Kids have fun getting fit, learning focus, and self-control with Taekwondo training. Participants will work on exercise routines, kicking drills and self-defence techniques. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International Chang-Hon Taekwon-Do Federation

Date	Day	Time	Barcode
Jan 9 – Mar 9	Tue & Thu	6:00 PM - 6:45 PM	26280



Skating Lessons: Preschool

Ages 2½-5	Stouffville	Clippers Sports	Complex	\$94.50
Ages 2/2 5	Stourivine	cipper 5 Sports	complex	454.50

Designed for preschoolers with little or no skating experience, introducing basics to help your child build confidence on the ice.

Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	8:45 AM – 9:15 AM	26273
		9:15 AM – 9:45 AM	26274
Jan 11 – Mar 8	Wed	9:00 AM – 9:30 AM	26276
		9:30 AM – 10:00 AM	26275



NEW **ABC Fit Club**

Fitness, learning and fun! Your child will get to work on their numeracy and literacy skills, all while running, jumping, skipping and hopping.

Ages 3-6	Ballantrae	Ballantrae Community Centre	
Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	5:30 PM – 6:15 PM	25844

Ages 3-6	L	atcham Hall	\$80
Date	Day	Time	Barcode
Jan 14 - Mar 11	Sat	8:30 AM - 9:15 AM	25842

Mini Masterpieces

Ages 2-6	Leisure Centre	\$90

Your little Picasso will get to spend time creating artwork that you will proudly want to display on your fridge! Children will work with a variety of mediums and materials to create new art each week.

Date	Day	Time	Barcode
Jan 11 – Mar 8	Wed	6:00 PM – 6:45 PM	26266

Ages 3-5

Date

Jan 11

Playball: 2's Can Play Too

Age 2

Date

Jan 14





Junior Scientists

Ballantrae Community Centre

Do your child's eyes light up at the mention of slime or an erupting volcano? Do they ask curious questions all the time? If so, this program is made for them – each week your child will learn a fun science concept through games, crafts, and experiments.

\$90

9	Day	Time	Barcode
1 – Mar 8	Wed	6:00 PM – 6:45 PM	25846

2	Stouffville Arena	\$162

Playball is a gentle, safe, and fun introduction to sports while developing gross motor skills. With a wide range of activities to stimulate and improve your child's overall development, 2's Can Play Too builds a positive foundation for your child's future success in sports. Flip to page 27 for Sportball programming.

2	Day	Time	Barcode
4 - Mar 11	Sat	9:30 AM – 10:00 AM	26268



Playball for 3's

This is a comprehensive program of games carefully devised and structured to teach a wide range of sports and social skills. With an emphasis on having fun while playing with a ball, your child's introduction to sport will be a happy and positive one.

Age 3	Glad Pa	rk Public School	\$162
Date	Day	Time	Barcode
Jan 11 – Mar 8	Wed	6:00 PM – 6:45 PM	26270
Age 3	Stou	ıffville Arena	\$162
Date	Day	Time	Barcode
Jan 14 - Mar 11	Sat	10:10 AM – 10:55 AM	26269

Playball for 4's and 5's

This is a comprehensive program of games carefully devised and structured to teach a wide range of sports and social skills. With an emphasis on having fun while playing with a ball, your child's introduction to sport will be a happy and positive one.

Ages 4-5	Glad Pa	rk Public School	\$162
Date	Day	Time	Barcode
Jan 11 – Mar 8	Wed	6:55 PM – 7:55 PM	26272
Ages 4-5	Stou	ıffville Arena	\$162
Date	Day	Time	Barcode
Jan 14 - Mar 11	Sat	11:05 AM – 12:05 PM	26271

Kindermusik

Age 2-7	Leisure Centre	\$125
Age 2-7	Leisure Centre	\$125

Kindermusik is the world's leading provider of music-based education for children from birth through age seven. These classes allow children and their caregivers to engage in a fun-filled learning experience through movement activities, group dances and instrument play.

Date	Day	Time	Barcode
Jan 12 – Mar 9	Thu	11:45 AM – 12:30 PM	26264



NEW

Cooking Up Fun

	Ages 3-5	Latcham Hall	\$108
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Join your mini chefs as they learn basic cooking skills such as stirring, measuring ingredients, food decoration and kitchen safety. Along with getting their start in the kitchen environment, your child will reinforce skills learned through games and activities.

Date	Day	Time	Barcode
Jan 12 – Mar 9	Thu	6:00 PM - 6:45 PM	26243

Get Ready for School

In a fun and supportive environment, your little one will learn what school is all about as they explore art, letters, numbers, and science at activity stations through songs, stories and games. This is an unparented program to foster independence and prepare your child for school.

Age 3-5	Lato	\$103.50	
Date	Day	Time	Barcode
Jan 12 – Mar 9	Thu	9:30 AM – 11:30 AM	26437
Age 3-5	Lato	\$92	
Date	Day	Time	Barcode
Jan 13 – Mar 10	Fri	9:30 AM – 11:30 AM	26262

NEW

Mighty Machines

Ages 3-5Latcham Hall

Mighty Machines help build and shape the world around us. In this hands-on program, your toddler will use craft materials and their imagination to create their own machines and learn what tools are needed to build their own special structure. Join us for games, activities and songs as your child learns about Mighty Machines!

Date	Day	Time	Barcode
Jan 14 - Mar 11	Sat	9:30 AM – 10:30 AM	25842



Age 20

\$90

Date

Jan 15 ·

Age 3

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of 8 different sports. This class will keep your child moving and engaged and send them home with a new skill each week. If you're looking for a way to give your child a wellrounded sports foundation that promotes their independence and leaves rooms for specialization later, look no further.

Date



Sportball: Parent and Child

	C: (C :!!) A	****
20 months - 3 years	Stouffville Arena	\$158

Children are introduced to fundamental skills in 8 different sports. With a play-based curriculum, these classes are a fantastic kick start for an active life.

e	Day	Time	Barcode
5 - Mar 12	Sun	9:00 AM – 9:45 AM	26279

Sportball: Multi-sport

3-5	Stouffville Arena	\$158

Date	Day	Time	Barcode
Jan 15 - Mar 12	Sun	9:45 AM – 10:45 AM	26277

We Dig Dinosaurs Workshop

Ages 3-5 Latcham Hall \$15

Beat the winter blahs with a morning of learning and discovery! Children will learn about dinosaurs, complete a dinosaur themed craft and participate in a special dinosaur dig.

Date	Day	Time	Barcode
Jan 28	Sat	10:45 AM – 11:45 AM	26245

NEW

Love Monster

Ages 3-5	Whitchurch-Stouffville Museum	\$20
Enjoy an intera	active reading of 'Love Monster' written by Rad	chel

Bright, go on a mini scavenger hunt, and enjoy a craft and snack.

Date	Day	Time	Barcode
Feb 9	Thu	10:00 AM - 11:30 AM	26329



NEW

Valentine's Workshop

Latcham Hall \$20 Ages 3-5

Enjoy an interactive reading of 'Love Monster' written by Rachel Bright, go on a mini scavenger hunt, and enjoy a craft and snack.

Date	Day	Time	Barcode
Feb 11	Sat	12:00 PM – 1:30 PM	26251

children ages 5 - 12

Dodgeball

Dodge, dip, and dive to learn the inner workings of this school yard favourite: dodgeball. Kids will have the opportunity to play variations of dodgeball while developing fundamental skills such as throwing, catching, and strategy in a safe and positive environment.

Ages 6-8	Harry Bowes Public School		\$90
Date	Day	Time	Barcode
Jan 9 – Mar 6	Mon	6:00 PM – 7:00 PM	26260
Ages 9-11	Harry Bowes Public School		\$90
Date	Day	Time	Barcode
Jan 9 – Mar 6	Mon	7:00 PM – 8:00 PM	26261

Taekwon-Do White Belt

Ages 6-12	Harry Bowes Public School	\$249
-		

Kids have a lot of energy! This training gives them a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. This program is delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International ChangHon Taekwon-Do Federation.

Date	Day	Time	Barcode
Jan 10 – Mar 9	Tue & Thu	6:00 PM - 7:00 PM	26282



NEW

Taekwon-Do Yellow Stripe

Ages 6-12	Harry Bowes Public School	\$249
0.000	· · · · · · · · · · · · · · · · · · ·	

Continue on your Taekwon-do learning journey, Kids have a lot of energy! This training gives them a healthy outlet while having fun, staying fit and learning focus, integrity, and confidence. Delivered in partnership with Woodbridge Taekwon-Do Inc. as part of the International Chang Hon Taekwon-Do Federation. Successful completion of the white belt program and test is required.

Date	Day	Time	Barcode
Jan 10 – Mar 9	Tue & Thu	7:00 PM - 8:00 PM	26436



Guitar Ba	asics		
		strumming, and more! Cl basics in this entry level	
Ages 5-7	Le	eisure Centre	\$150
Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	5:30 PM – 6:30 PM	26247
Ages 8-10	Le	eisure Centre	\$150
Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	6:30 PM – 7:30 PM	26246



Ages

Date Jan 10

Jan 10

Ages

Date Jan 10

Jan 12

DIY



Basketball – Level 1

Using the fun of the game to enhance your child's development and learning, this entry level program focuses on fundamental basketball skills including dribbling, passing, and shooting. This is the perfect starting point for beginner and novice players. For level 2 programming, see page 31.

s 5 -6	Le	\$94.50	
e	Day	Time	Barcode
0 – Mar 7	Tue	5:30 PM - 6:30 PM	26256
0 – Mar 7	Tue	6:30 PM – 7:30 PM	26254
s 7-10	Le	isure Centre	\$94.50
Э	Day	Time	Barcode
0 – Mar 7	Tue	7:30 PM – 8:30 PM	26255

Y Arts 8	& Craf	ts.		
2 – Mar 9	Inu	5:30 PIN - 6:30 PIN	26295	

E-20 DM 6-20 DM

2620

Ages 6-8	Latcham Hall	\$110

If your child is crafty by nature, this is the go-to program to get their creative juices flowing. Children will create DIY projects using a variety of mediums including household objects, fabric, paint, and wood. Each week will feature a new project as participants learn unique ways to create masterpieces.

Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	7:00 PM – 8:00 PM	26259

NEW

Hip Hop Dance

Ages 6-9	Ballantrae Community Centre	\$115

Hip Hop Dance is a style of movement characterized by bounces and rocks, executed to Hip Hop music. Get your child moving with this introduction to an on-trend dance genre.

Date	Day	Time	Barcode
Jan 10 – Mar 7	Tue	7:00 PM – 8:00 PM	26248

Instructional Badminton

If you want your child to learn some new tricks, polish their skills, or get their start in the game, this is the program for them. Children will be introduced to badminton basics in a non-competitive and fun learning environment. Classes will focus on proper footwork, racquet handling and serving, through drills and games.

Ages 6-8	Le	\$99	
Date	Day	Time	Barcode
Jan 11 – Mar 8	Wed	6:00 PM – 7:00 PM	26253
Ages 9-11	Le	isure Centre	\$99
Date	Day	Time	Barcode
Jan 11 – Mar 8	Wed	7:00 PM – 8:00 PM	26252

Junior Scientists

Ages 6-9	Ballantrae Community Centre	\$99
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Do your child's eyes light up at the mention of slime, or an erupting volcano? Do they ask curious questions all the time? If so, this interactive program is tailor-made for them; each week children will learn a fun science concept through games, crafts, and most importantly - experiments!

Date	Day	Time	Barcode
Jan 11 – Mar 8	Wed	7:00 PM – 8:00 PM	25847

NEW

Kids' Kitchen!

Ages 7-9	Latcham Hall	\$150

Children will learn the basics of navigating the kitchen, explore new and interesting flavours, and enjoy the aroma of this exciting program. They'll need to bring their appetite so they can enjoy the fruits of their labour!

Date	Day	Time	Barcode
Jan 12 - Mar 9	Thu	7:15 PM - 8:00 PM	26250



NEW

Jazz Dance

Ages 6-9	Leisure Centre	\$115

Designed to get kids dancing and moving in their own way, children will develop the basic skills of jazz. Your child will learn balance and coordination while developing their teamwork skills as they prepare a group dance routine to be presented for families and guests at the end of the session.

Date	Day	Time	Barcode
Jan 12 - Mar 9	Thu	7:00 PM – 8:00 PM	26249

Learn to Play Ringette

Ages 5-10 Stouffville Clippers Sports Complex \$94.50

Learn to Play Ringette is designed to teach children with little or no experience how to skate, while developing ringette skills at their own pace. As skating skills improve children will learn some of the fundamentals of ringette, with an emphasis on fun and games that promote balance, agility and strengthening. Ringette promotes teamwork, fun, fitness, and friendship!

Date	Day	Time	Barcode
Jan 14 – Mar 11	Sat	8:00 AM – 9:00 AM	26265

Basketball – Level 2

This program is designed for children who want to improve their defense, shooting, dribbling, footwork, speed, agility, and teamwork. Strategic play is introduced for children ready to bring their game to the next level.

Ages 5-6		\$94.50	
Date	Day	Time	Barcode
Jan 15 – Mar 12	Sun	10:00 AM – 11:00 AM	26257
Ages 7-10		Leisure Centre	\$94.50
Date	Day	Time	Barcode
Jan 15 – Mar 12	Sun	11:00 AM – 12:00 PM	26258



Sportball: Multi-sport

Age 5-8



Ages

Date

Jan 15

NEW Valentine's Desserts Workshop

Ages

Join us to create some Valentine's day desserts and crafts! It's all about love!

Stouffville Arena

\$158

In this fun, stress-free, and non-competitive setting, children learn the fundamentals of 8 different sports. This class will keep your child moving and engaged and send them home with a new skill each week. If you're looking for a way to give your child a wellrounded sports foundation that promotes their independence and leaves rooms for specialization later, look no further.

Date	Day	Time	Barcode
Jan 15 - Mar 12	Sun	10:45 AM – 11:45 AM	26278

Intro to Soccer

6-8	Leisure Centre	\$94.50

Does your child want to be the next Ronaldo or Messi? Kids will build their skills and confidence, develop a love for the most popular sport on the planet and make new friends at the same time.

e	Day	Time	Barcode
5 – Mar 12	Sun	12:15 PM – 1:15 PM	26263

6-10	Latcham Hall	\$20
	Eacchann nan	+=•

Date	Day	Time	Barcode
Feb 11	Sat	12:00 PM - 1:30 PM	26251

youth ages 12 - 18

Spin: Sport Conditioning

Ages 12-15	Leisure Centre	\$72

Spin to increase energy, power, and quickness. Spin to reduce stress and anxiety and gain confidence. Great for hockey, soccer, or dryland training.

Date	Day	Time	Barcode
Jan 9 – Mar 13	Mon	5:20 PM – 6:15 PM	25874



NEW

Youth Fitness

Ages 12-15	Leisure Centre	\$80
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Be empowered to take control of your activity levels, set individual goals, and have fun with friends. Certified exercise professionals will provide lessons that followed by personal workout to put what has been discussed into practice. Whether your goal is to increase fitness, increase energy, lessen stress or train for a sport, this program is for you!

Date	Day	Time	Barcode
Jan 10 – Mar 14	Tue	5:00 PM – 6:00 PM	25877
Jan 14 – Mar 18	Sat	11:00 AM – 12:00 PM	25878

Youth Yoga

Ages 12-15	L	eisure Centre	\$80
0 1	,	uth. This program utilizes strong foundation of wel	•
	Day	Time	Barcode
Date	20.9	· · · · · ·	Darcoue

Youth Fitness Orientation

Ages 14-15	Leisure Centre	\$30

Whether your goal is to increase energy, lessen stress or train for sport, this program provides a foundation for success. Certified exercise professionals will provide support in a small group training atmosphere.

Day	Time	Barcode
Sat	1:30 PM – 3:00 PM	26314
Sun	1:30 PM – 3:00 PM	26315
Fri	7:00 PM – 8:30 PM	26313
Sat	1:30 PM – 3:00 PM	26317
Sun	1:30 PM – 3:00 PM	26318
Fri	7:00 PM – 8:30 PM	26316
	Sat Sun Fri Sat Sun	Sat 1:30 PM - 3:00 PM Sun 1:30 PM - 3:00 PM Fri 7:00 PM - 8:30 PM Sat 1:30 PM - 3:00 PM Sun 1:30 PM - 3:00 PM





NEW			
Dog Obeo	dience	9	
Ages 16+	Ballantr	ae Community Ce	entre \$40
5 months and old	er) will foci e your stre	vel training course (f us on good manners ess and help your po f your pack.	and basic
Date	Day	Time	Barcode
16 5 1 07		7.00 PM 0.00 P	25055

S

Date	Day	Time	Barcode
lan 16 – Feb 27	Mon	7:00 PM – 8:00 PM	25855

Volleyball: Get in the Game		
Ages 11-17	Leisure Centre	\$70

Learn and brush up on your basic skills, rules, and strategies for game play. Players will learn to bump, serve, volley, and spike as we teach the foundations of the game.

Date	Day	Time	Barcode
Jan 16 – Feb 13	Mon	6:00 PM – 7:00 PM	25806
Feb 27 – Mar 27	Mon	6:00 PM – 7:00 PM	25830

Volleyball: Skill Development Clinic

Ages 11-17 Leisure Centre

Dominate the court with this next-level program that focuses on advanced skill development through intense training sessions. Coaches provide one-to-one and small group coaching to improve your youth's volleyball game. Designed for the intermediate or advanced player who wants to land that spot on the team or become their team's MVP!

Date	Day	Time	Barcode
Jan 16 – Feb 13	Mon	7:00 PM – 8:00 PM	25803
Feb 27 – Mar 27	Mon	7:00 PM – 8:00 PM	25807

Cooking Around the World

Ages 11-17	Latcham Hall	\$100

Travel around the globe through cooking in this delicious program. Youth will learn the basics of navigating the kitchen, explore new and interesting flavours, and enjoy the aroma of this exciting program. They'll need to bring their appetite so they can enjoy the fruits of their labour!

Date	Day	Time	Barcode
Jan 17 – Feb 14	Tue	6:00 PM – 8:00 PM	25804
Feb 28 – Mar 28	Tue	6:00 PM – 8:00 PM	25808



\$80

Guitar Basics – Level 1

Age 11-17	Leisure Centre	\$80
	picking, strumming, and more! Yo n the basics in this entry level pro	0

Date	Day	Time	Barcode
Jan 17 – Feb 14	Tue	6:00 PM – 7:00 PM	25840
Feb 21 – Mar 28	Tue	6:00 PM – 7:00 PM	25841

Basketball: Get in the Game

Ages 11-17	Leisure Centre	\$70

Does your child dream of shooting like an NBA star? Perhaps they want to make the team at school or join a league? Whatever their goal, this program is designed to help them improve and develop their skills as a beginner, expand their abilities, build confidence on the court, and have fun!

Date	Day	Time	Barcode
Jan 19 – Feb 16	Thu	6:30 PM – 7:30 PM	25811
Feb 23 – Mar 30	Thu	6:30 PM – 7:30 PM	25805

Basketball: Skill Development Clinic

Ages 11-17 Leisure Centre	\$95
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Focus on advanced skill development through intense training sessions. Our coaches provide opportunities in one-to-one and small group settings to improve your youth's game. Perfect for the intermediate or advanced player intending to level up their basketball game.

Date	Day	Time	Barcode
Jan 19 – Feb 16	Thu	7:30 PM – 8:30 PM	25810
Feb 23 – Mar 30	Thu	7:30 PM – 8:30 PM	25809

camps

Winter break

NEW

Winter Break Camp

Ages 4-12	Leisure Centre	\$250
nges 4-12	Leisure Centre	\$230

Arts, sports, science experiments and more! We are excited to welcome your camper for an unforgettable camp session this holiday season, enjoying a variety of amazing camp experiences. Campers will participate in activities with their camp teams, arranged by age, and geared to their skill level and abilities.

Date	Day	Time	Barcode
Jan 3 – 6	Tue - Fri	9:00 AM – 4:00 PM	25824

Winter Break Skating Lessons: **Preschool**

	Ages 2½-5	Stouffville Arena	\$42
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Designed for preschoolers with little or no skating experience, introducing basics to help your child build confidence on the ice.

Date	Day	Time	Barcode
Jan 3 – Jan 6	Tue - Fri	9:00 AM – 9:30 AM	26347



NEW		
Winter Bre	eak Skating Camp	
Ages 8-12	Stouffville Arena	\$280

Ring in the New Year with this new Winter Break Skating Camp! This beginner level program is designed to introduce basic skating skills. Campers will gain confidence through a variety of games and activities with a focus on skating fundamentals including starting, stopping, balancing and gliding. Off-ice activities includes games, crafts and much more.

Date	Day	Time	Barcode
Jan 3 – 6	Tue - Fri	9:00 AM – 4:00 PM	25825



PA days

Wondrous Winter Beasts

Ages 6-12	Whitchurch-Stouffville Museum	\$60

Spend your PA Day exploring winter beasts of all kinds from polar bears and penguins to the abominable snowman! Crafts, games, and more.

Date	Day	Time	Barcode
Jan 20	Fri	9:00 AM – 4:00 PM	26326

Junior Inventors

Ages 6-12	Whitchurch-Stouffville Museum	\$60

Learn about inventions that changed the world! From simple machines to the printing press, campers will explore famous inventions and create their own.

Date	Day	Time	Barcode
Feb 3	Fri	9:00 AM – 4:00 PM	26328

NEW **Ooey Gooey Science**

Ages 6-12

Leisure Centre

\$70

It's time to get messy with science! Campers will make slime, paper airplanes, play dough and more. They will also participate in science-themed games, crafts and other co-operative activities. An ooey gooey time will be had by all!

Date	Day	Time	Barcode
Feb 3	Fri	8:00 AM – 5:00 PM	26267



March Break

NEW

Mini Minions Camp

Ages 4-5	Latcham Hall	\$270

Does your child love Minions? Spend an exciting week with us and our favourite Minions, with lots of fun activities to get little campers excited and participating in arts, crafts, dance, and more.

Date	Day	Time	Barcode
Mar 13 - 17	Mon - Fri	9:00 AM – 4:00 PM	25816

Camp Sampler

Ages 6-12 Leisure Centre \$2	270
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This camp offers a wide variety of crafts, games and activities designed to showcase your child's creativity. Drama and dance will be explored and lend a hand to inspiring imagination in addition to sports, games and more. Special theme days will bring a fresh set of activities to each session. Campers will participate in activities with their camp teams, arranged by age, and geared to their skill level and abilities.

Date	Day	Time	Barcode
Mar 13 - 17	Mon - Fri	9:00 AM – 4:00 PM	25815



March Break Skating Lessons: **Preschool**

Ages 21/2-5	Sto	uffville Arena	\$42
0		vith little or no ska our child build con	ting experience, fidence on the ice.

Mar 13 – Mar 16	Mon - Thu	9:00 AM – 9:30 AM	26348	



NEW

Sharp Skills Skating Camp

Ages 8-12	Stouffville Arena	\$300

Lace up your skates during the break and join us for a fun camp session learning the fundamentals of skating! Campers will spend time on the ice each day learning the basics of skating, including starting, stopping, balancing and gliding.

Date	Day	Time	Barcode
Mar 13 - 17	Mon - Fri	9:00 AM – 4:00 PM	25822

Time Travelers Camp

Ages 6-12	Whitchurch-Stouffville Museum	\$235

From Ancient Greece and Egypt to Medieval times and back to early Canada, each day will bring us on a new time-travelling adventure.

Date	Day	Time	Barcode
Mar 13 - 17	Mon - Fri	9:00 AM – 4:00 PM	26351

museum

NEW		Ages 2	
Snowsh	oe Adventures		Enjoy a
Ages 3-12	Whitchurch-Stouffville Museum	\$10	Bright,
			Date

Learn about the history of snowshoes, visit the Museum's Log Cabin, and enjoy a staff-led walk around the grounds! Bring-yourown-snowshoes encouraged. Free adult chaperone required.

Date	Day	Time	Barcode
Jan 14	Sat	12:30 PM – 2:00 PM	26309



NEW					
Youth Trivia Night at the Museum					
Ages 12-18	Whitch	nurch-Stouffville Museu	um \$10		
This fun-filled snacks, and m	0	include instructor-led triv	ia competitions,		
Date	Day	Time	Barcode		
Jan 27	Fri	6:00 PM – 8:00 PM	26337		



NEW All Ages

Enjoy family fun at the Museum this Family Day weekend! Take a tour, try snowshoeing (weather permitting), make crafts, and more!

Date

Feb 18

NEW **All Ages**

Date Feb 2

NEW

Love Monster

es 2-6 Whitchurch-Stouffville Museum \$10

oy an interactive reading of 'Love Monster' written by Rachel ght, go on a mini scavenger hunt, and enjoy a craft and snack.

Date	Day	Time	Barcode
Feb 9	Thu	10:00 AM - 11:30 AM	26329



Family Day Weekend at the Museum

Whitchurch-Stouffville Museum FREE

e	Day	Time	Barcode
8	Sat	12:00 PM - 4:00 PM	26321

Hidden History

Whitchurch-Stouffville Museum Free

How did the Museum come to be, what's in the collection, and how can you get involved?

9	Day	Time	Barcode
21	Tue	6:00 PM – 8:00 PM	26343



NEW

Open Late: Extended Hours

All Ages	Whitchurch-Stouffville Museum	Free

In celebration of Heritage Week, enjoy extended evening hours at the Museum!

Date	Day	Time
Feb 22	Wed	12:00 PM – 8:00 PM

NEW

Lace Up! Public Panel

Ages 12+	Whitchurch-Stouffville Museum	Free

Join our list of distinguished panelists for an evening surrounding the history of ice sports in Whitchurch-Stouffville and share stories of your own!

Date	Day	Time	Barcode
Feb 23	Thu	6:00 PM – 8:00 PM	26346

NEW

Heritage Week Drop In

All Ages	Whitchurch-Stouffville Museum	Free
Enjoy a staff-le a craft.	ed tour of the Museum buildings and enjoyin	g making

Date	Day	Time	Barcode
Feb 25	Sat	12:00 PM – 4:00 PM	26350



NEW	

All About Ice

Ages 12+	Whitchurch-Stouffville Museum	\$10
ABCS IZ .	Whitehareh Stourine Museum	Ψ I U

Spend an afternoon at the Museum exploring science through ice! This staff-led program will include ice-themed experiments and a craft. Free adult chaperone required.

Date	Day	Time	Barcode
Mar 4	Sat	12:30 PM – 2:00 PM	26310

masterclass series

The Masterclass Series is designed to offer higher learning opportunities related to the world of theatre and entertainment for all ages. Learn from the internationally touring professional, James Croker, in an intimate setting. Co-Artistic Director, Choreographer, Performer, and Set & Prop Designer of Motus O Dance Theatre, James brings his knowledge and experience gained from decades in the industry.

NEW

The Structure of Comedy

Ages 12+	19 on the Park	\$45
So you think you'	ra funny? Coming un with ideas for	a joko may

So, you think you're funny? Coming up with ideas for a joke may seem easy but creating something that will make people laugh takes some work. Learn the principle of comedic timing, how to understand the nature of what is funny and when it's funny.

Date	Day	Time	Barcode
Jan 9	Mon	6:30 PM – 8:30PM	25818

NEW	
Contact I	nprovisation
Ages 12+	19 on the Park
Learn the art form	of contact improvisation, a style of movement

nent where two or more bodies share one center of gravity. Practice includes rolling, falling, being upside down, following a physical point of contact, supporting and giving weight to a partner.

Date	Day	Time	Barcode
Jan 16	Mon	6:30 PM - 8:30 PM	25826

NEW

Ages

Direction, weight, speed, and flow. These are the four categories of human movement in Laban modern dance. Discover new ways to move, explore character in the body, and how to grow your own movement vocabulary.

Date

Jan 22

NEW

Ages

In this class, you will learn you how to use movement to express or imitate emotion, character and narrative. You will soon realize dance movements are often closely related to forms of expressions.

Date

Jan 23

NEW

Ages

Do you have a creative imagination? A good ear for music and rhythm? This class gives its students the knowledge on how to create basic choreography using dance and purposeful movements.

Date

\$65

Jan 30



Laban – Educational Dance

s 12+	19 on the Park
3 12 '	19 OIT LIFE FAIR

\$65

e	Day	Time	Barcode
2	Sun	4:30 PM - 7:30PM	25827

Dramatic Dance

s 12+	19 on the Park	\$65

9	Day	Time	Barcode
3	Mon	6:30 PM – 8:30 PM	25828

Choreography 101

; 12+	19 on the Park	\$45

e	Day	Time	Barcode
0	Mon	6:30 PM - 8:30 PM	25831

NEW

Fundamental Stagecraft

Ages 12+	19 on the Park	\$45
•		

Students will learn basic and advanced techniques on how to present themselves on stage to an audience. Learn the building blocks on how to create eye-catching scenes on stage to keep your audience engaged.

Date	Day	Time	Barcode
Feb 5	Sun	4:30 PM - 7:30 PM	25832



NEW

Move your Body, Grow your Brain!

Ages 12+	19 on the Park	\$45

Incorporating exercise and movement throughout the school day makes students less fidgety and more focused on learning. Learn how to easily integrate movement into your daily schedule.

Date	Day	Time	Barcode
Feb 6	Mon	6:30 PM – 8:30 PM	25833



NEW

Presenting a Monologue

Ages 12+	19 on the Park	\$65

Choosing, prepping and presenting a monologue can seem like a daunting feat. Whether you're looking to get cast in a school ensemble or an Off-Broadway revival, this class will walk you through the steps and give you the tools you'll need to succeed The Masterclass Series is designed to offer higher learning opportunities related to the world of theatre and entertainment for all ages. Learn from the internationally touring professional, James Croker, in an intimate setting. Co-Artistic Director, Choreographer, Performer, and Set & Prop Designer of Motus O Dance Theatre, James brings his knowledge and experience gained from decades in the industry.

Date	Day	Time	Barcode
Feb 13	Mon	6:30 PM – 8:30 PM	25834

NEW

Red Nose Performer

Ages 12+	19 on the Park	\$45

Students will tap into their inner clown and be introduced to the fundamentals of red nose performance. A must have for any actor or performer looking to build up their craft's foundation.

Date	Day	Time	Barcode
Feb 20	Mon	6:30 PM – 8:30 PM	25835

NEW

Physical Theatre

Ages 12+	19 on the Park	\$65
•		

Students will learn how to use the body to convey storytelling and present characters through physical movement. Through the combination of many techniques, learn how to express yourself through acting, dance, and a diverse range of art forms.

Date	Day	Time	Barcode
Feb 26	Sun	4:30 PM – 7:30 PM	25836

NEW

Acting for the Camera

Ages 12+	19 on the Park	\$45

Get comfortable in your acting craft on camera as we navigate the world of performing arts. Expand your acting portfolio and review a range of acting techniques such as how to prep and present yourself for the camera.

Date	Day	Time	Barcode
Feb 27	Mon	6:30 PM – 8:30 PM	25837



NEW

Ages

Date Mar 5

NEV Mir



Stage Combat

12+	19 on the Park	\$45

Learn the fundamentals of stage combat, an art form developed by performers to keep themselves and others safe while acting. In this class, students with be taught how to slap, punch, and use prop weapons safely while performing.

Date	Day	Time	Barcode
Mar 5	Sun	4:30 PM – 7:30 PM	25838
NEW			
Mime			
Ages 12+		19 on the Park	\$4

Learn the basics of mime performance, the art of illusion through movement. Students in this class will be taught how to convey a story through body motions, without the use of speech.

Date	Day	Time	Barcode
Mar 6	Mon	6:30 PM – 8:30 PM	25839

adults

NEW

Adult Indoor Volleyball League (Recreational)

Ages 10+ Stouriville District Secondary School 300	Ages 18+	Stouffville District Secondary School	\$80
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Volleyball enthusiasts: grab your kneepads and join our NEW Winter Indoor Volleyball League for Monday nights of 6-on-6 social and active fun for recreational players!

Date	Day	Time	Barcode
Jan 9 - Apr 17	Mon	8:00 PM – 10:00 PM	26435

NEW

Adult Indoor Volleyball League (Intermediate)

Ages 18+	Stouffville District Secondary School	\$80

Volleyball enthusiasts: grab your kneepads and join our NEW Winter Indoor Volleyball League for Tuesday nights of 6-on-6 social and active fun for intermediate/competitive players!

Date	Day	Time	Barcode
Jan 10 - Apr 18	Tue	6:45 PM – 10:00 PM	25829

Hatha Yoga

Ages 18+	Ballantrae Field House	\$90

Feeling stressed and overloaded? Release tension reduce stress and build strength and energy. Hatha yoga utilizes poses and breathing to contribute to a strong foundation of wellness.

Date	Day	Time	Barcode
Jan 10 – Mar 14	Tue	7:35 PM – 8:00 PM	26312

Cardio Salsa

Ages 18+	Ballantrae Field House	\$90

Join Giselle for easy-to-follow moves and create a one-of-a-kind program. Have an absolute blast while moving to tunes that energize your body and burn calories and stress.

Date	Day	Time	Barcode
Jan 10 – Mar 14	Tue	6:30 PM – 7:25 PM	26308

Active Living 101: Journey To A New You!

Ages 18+	Leisure Centre	\$90

Join us on a journey - shred extra weight, increase energy and build metabolism, improve mental health and well-being. Focus on prevention and wellness that helps you self-manage your goals and health. Gradually increase your activity level and together discover the path!

Date	Day	Time	Barcode
Jan 10 – Mar 14	Tue	1:00 PM – 2:00 PM	25869
Jan 11 – Mar 15	Wed	7:00 PM - 8:00 PM	25870
Jan 14 – Mar 18	Sat	10:00 AM – 11:00 AM	25871





NEW

NEW

Ages 19+

on-site.

Date

Jan 12

Feb 9

Mar 9

Trivia Night

Day

Thu

Thu

Thu

Poker Club	
Ages 18+	\$29
Ballantrae Field House	\$26 (55+ Club members)

An opportunity for both beginner and tenured players to gather and enjoy variations on this exciting game. Improve your knowledge of play and strategy in a relaxed and social atmosphere.

Date	Day	Time	Barcode
Jan 11 – Feb 1	Wed	7:00 PM – 9:00 PM	25786
Feb 8 – Mar 1	Wed	7:00 PM – 9:00 PM	25787
Mar 8 – Mar 29	Wed	7:00 PM – 9:00 PM	25788

19 on the Park

This new, full-service, and fun Trivia Challenge event is played using

your smart phone. Sign up solo or with your friends - winners get bragging rights! Food and alcohol service available for purchase

Time

7:30 PM - 9:30 PM

7:30 PM - 9:30 PM

7:30 PM - 9:30 PM

Date

Jan 15





\$5

Barcode

25851

25852

25853

Date

Jan 17

Together In Movement & Exercise (T.I.M.E.)

Ages 18+

Leisure Centre

\$90

Having difficulty with balance, coordination or mobility caused by a medical condition? This community-based program, developed by Toronto Rehabilitation Institute, for those living with or recovering from neurological conditions such as stroke, MS, Parkinson's or acquired brain injury. Led by trained instructors, in a safe supportive environment, the program will help participants reclaim their bodies to be able to perform daily tasks.

Date	Day	Time	Barcode
Jan 12 – Mar 16	Thu	1:00 PM – 2:00 PM	25876

Learn to Play Pickleball

Ages 18+	Leisure Centre	\$60

If you've ever wondered what this fast-growing sport is all about, our "Learn to Play" sessions are for you. You will learn the rules of play and game etiquette while having fun with other beginners. All equipment will be provided.

9	Day	Time	Barcode
5 – Feb 12	Sun	1:45 PM – 3:15 PM	25862

Hockey: Get in the Game

Ages 18+ Stouffville Clippers Sports Complex \$115

Want to learn to play hockey, or brush up your skills? This program will help you improve your skating, stickhandling, passing and shooting while you have fun and get fit. All beginners are welcome.

е	Day	Time	Barcode
7	Tue	9:00 AM – 10:00 AM	25854



NEW

Indoor Gardening Workshop

Ages 18+	\$7.50
Lemonville Community Centre	\$5 (55+ Club members)

Get your hands dirty and shake off the winter blues with this interactive, indoor gardening workshop. Create a beautiful, live display to add greenery and joy to your home or office.

Date	Day	Time	Barcode
Jan 26	Thu	7:00 PM – 8:00 PM	25789
Feb 23	Thu	7:00 PM – 8:00 PM	25790
Mar 23	Thu	7:00 PM – 8:00 PM	25791

NEW

A Tour and Taste of Scotland

Ages 18+	\$13
Lemonville Community Centre	\$10 (55+ Club members)

Enjoy a virtual tour of the Scottish Isles and watch a traditional shortbread baking demonstration. A feast for both the eyes, ears and taste buds.

Date	Day	Time	Barcode
Jan 31	Tue	2:00 PM - 3:00 PM	25771

Wine & Paint Night

Ages 19+ Latcham Art Gallery

\$25

Enjoy a relaxing setting with a brush and a glass and take pride in your newfound painting skills at the Latcham Art Centre. Supplies provided along with an instructor who will guide you during your new favourite night out!

Date	Day	Time	Barcode
Feb 16	Thu	7:00 PM – 9:00 PM	26421
Mar 1	Wed	7:00 PM – 9:00 PM	26422

NEW

Chocolate: From Tree to Treat

Ages 18+	\$13
Lemonville Community Centre	\$10 (55+ Club members)

Take a fascinating journey as you learn about the history and production of chocolate, beginning at the Cacao tree and ending with a taste of freshly baked brownies.

Date	Day	Time	Barcode
Feb 28	Tue	2:00 PM – 3:00 PM	25772



NEW

Maple Syrup on Snow

Ages 18+	\$13
Lemonville Community Centre	\$10 (55+ Club members)

There's no need to travel to the sugar bush when it can be brought to you! Learn about the Canadian tradition of making maple syrup and enjoy a tasty treat of maple syrup on snow.

Date	Day	Time	Barcode
Mar 28	Tue	2:00 PM - 3:00 PM	25773

55+



NEW

Yoga: Tamil Language Su	pported
Ages 55+	\$2

Ages 551	423
6240 Main Street	\$22 (55+ Club members)

All are welcome for this traditional yoga class - beginners through to intermediate. Modifications are offered for each posture based on your level of yoga experience, mobility and flexibility. Instructor will provide teaching support in English and Tamil.

Date	Day	Time	Barcode
Jan 8 – Jan 29	Sun	9:45 AM – 10:45 AM	26360
Feb 5 – Feb 26	Sun	9:45 AM – 10:45 AM	26361
Mar 5 – Mar 26	Sun	9:45 AM – 10:45 AM	26365

Osteo Fit

Ages 55+	\$38
6240 Main Street	\$32 (55+ Club members)

If you have been diagnosed with bone degeneration, this class has been developed with your needs in mind. This low impact cardio class includes weight bearing exercises and resistance conditioning to help support your bone mass and density.

Date	Day	Time	Barcode
Jan 9 – Jan 30	Mon	11:00 AM – 11:45 AM	25743
Feb 6 – Feb 27*	Mon	11:00 AM – 11:45 AM	25744
Mar 6 – Mar 27	Mon	11:00 AM – 11:45 AM	25745
*Three-class session \$28 \$25 (55+ Club members)			



Ages 55+

Why play games on your phone when you can learn a new game to share with friends and family? Enjoy this social and interactive learning environment and discover Mahjong. This class will give you the skills to join in weekly game meetups at 6240 Main Street. Date

Jan 9 -Feb 6

Mar 6

NEW	
Yin Yoga	
Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

A gentle class with a focus on mindfulness and breathwork. All are welcome: beginners through intermediate. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility. Participants should bring a mat with them to class.

Date	Day	Time	Barcode
Jan 9 – Jan 30	Mon	7:00 PM – 8:00 PM	25856
Feb 6 – Feb 27*	Mon	7:00 PM – 8:00 PM	25857
Mar 6 – Mar 27	Mon	7:00 PM – 8:00 PM	25858

*Three class session \$28 | \$25 (55+ Club Members)

Learning Mahjong

6240 Main Street

\$29 **\$26 (55+ Club members)**

9	Day	Time	Barcode
– Jan 30	Mon	7:00 PM – 8:00 PM	26307
5 – Feb 27*	Mon	7:00 PM – 8:00 PM	26311
6 – Mar 27	Mon	7:00 PM – 8:00 PM	26319

*Three class session \$21 | \$18 (55+ Club members)



NEW

Yoga for Relaxation

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

A restorative class with a focus on slow movement. Emphasis will be placed on relaxation and stress relief. All are welcome. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility.

Date	Day	Time	Barcode
Jan 10 – Jan 31	Tue	7:00 PM – 8:00 PM	25859
Feb 7 – Feb 28	Tue	7:00 PM – 8:00 PM	25860
Mar 7 – Mar 28	Tue	7:00 PM – 8:00 PM	25861

Gentle Yoga

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

A gentle class for those who can get up and down from the floor. All are welcome - beginners through to intermediate. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility. Participants should bring a mat with them to each class.

Date	Day	Time	Barcode
Jan 10 – Jan 31	Tue	8:30 AM – 9:30 AM	25746
Jan 12 – Feb 2	Thu	8:30 AM – 9:30 AM	25752
Feb 7 – Feb 28	Tue	8:30 AM – 9:30 AM	25747
Feb 9 – Mar 2	Thu	8:30 AM – 9:30 AM	25753
Mar 7 – Mar 28	Tue	8:30 AM – 9:30 AM	25748
Mar 9 – Mar 30	Thu	8:30 AM – 9:30 AM	25754



Chair Yoga

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Gentle yoga adapted to be done while seated. Chair yoga can improve flexibility, circulation, strength, and concentration while boosting your mood, reducing stress, joint strain and chronic pain. Everyone is welcome and modifications are offered for individual levels of flexibility and mobility.

Date	Day	Time	Barcode
Jan 10 – Jan 31	Tue	9:45 AM – 10:45 AM	25749
Jan 12 – Feb 2	Thu	9:45 AM – 10:45 AM	25755
Feb 7 – Feb 28	Tue	9:45 AM – 10:45 AM	25750
Feb 9 – Mar 2	Thu	9:45 AM – 10:45 AM	25756
Mar 7 – Mar 28	Tue	9:45 AM – 10:45 AM	25751
Mar 9 – Mar 30	Thu	9:45 AM – 10:45 AM	25757



NEW Intro to Knitting

materials before the first class.

Day

Date

Jan 10 – Jan 31

Feb 7 – Feb 28

Mar 7 – Mar 28 Tue

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Learn how to knit in a creative and supportive environment. This class will guide you through a simple project and teach you the

skills so you can knit on your own. Program cost does not include

materials; participants will be contacted by instructor to organize

Time

Ages 6240

Date

Jan 11 Feb 8

Mar 8 ·

Tue 10:00 AM - 11:00 AM 25775 25776 Tue 10:00 AM - 11:00 AM

10:00 AM - 11:00 AM

25777

Barcode



NEW

Intro to Crochet

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Join the beautiful world of crafty crochet artists. This class will get you started on an easy project and teach you the skills you'll need to continue crocheting. Program cost does not include materials; participants will be contacted by instructor to organize materials before the first class.

Date	Day	Time	Barcode
Jan 10 – Jan 31	Tue	11:00 AM – 12:00 PM	25778
Feb 7 – Feb 28	Tue	11:00 AM – 12:00 PM	25779
Mar 7 – Mar 28	Tue	11:00 AM – 12:00 PM	25780

Stretch 'n' Core

55+	\$38
Main Street	\$35 (55+ Club members)

This gentle class offers weight bearing and resistance exercises that stretch and strengthen the whole body. Participants will see improvements in their balance, efficiency of movement, and mobility while building strong, lean muscles.

e	Day	Time	Barcode
1 – Feb 1	Wed	11:00 AM - 12:00 PM	25758
8 – Mar 1	Wed	11:00 AM - 12:00 PM	25759
8 – Mar 29	Wed	11:00 AM - 12:00 PM	25760

Line Dancing

Ages 55+	\$35
6240 Main Street	\$32 (55+ Club members)

Traditional line dancing based on ballroom style steps, is a gentle and fun way to exercise your body and mind while making new friends. The music is lively and upbeat - you'll have so much fun you won't even realize you're exercising!

Date	Day	Time	Barcode
Jan 11 – Feb 1	Wed	2:45 PM – 3:45 PM	25740
Feb 8 – Mar 1	Wed	2:45 PM – 3:45 PM	25741
Mar 8 – Mar 29	Wed	2:45 PM – 3:45 PM	25742

NEW

Stepping Together

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Don't let wintery weather slow down your fitness goals. Work towards your daily step count in an upbeat group setting while incorporating gentle movements to build strength. This fun, low impact, walking-based program will help improve your cardiovascular health.

Date	Day	Time	Barcode
Jan 11 – Feb 1	Wed	1:00 PM – 2:00 PM	25761
		7:00 PM – 8:00 PM	25764
Feb 8 – Mar 1	Wed	1:00 PM – 2:00 PM	25762
		7:00 PM – 8:00 PM	25765
Mar 8 – Mar 29	Wed	1:00 PM – 2:00 PM	25763
		7:00 PM – 8:00 PM	25766





Singing in Harmony

Ages 55+	\$58
6240 Main Street	\$55 (55+ Club members)

Join other beginner singers and learn to sing in harmony with one another. Each week you will learn new skills to warm up your voice and engage with familiar songs in dynamic ways. The program will conclude with the opportunity to invite loved ones to a small performance.

Date	Day	Time	Barcode
Jan 11 – Feb 15	Wed	7:30 PM – 9:00 PM	25781
Feb 22 – Mar 29	Wed	7:30 PM – 9:00 PM	25782

Practice Bridge

Ages 55+ 6240 Main Street Free with membership

These sessions provide an opportunity for those who know some basics of contract bridge to brush up on bidding and playing skills. Participants may join at any time and are encouraged to register to aid in class planning. Activity fee is supported by 55+ Club membership.

Date	Day	Time	Barcode
Jan 12 – Mar 30	Thu	10:00 AM – 11:30 AM	25802



NEW	
Baking Blitz	
Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Practice tried and true techniques while experimenting with new skills in the kitchen. These classes will be a social, hands-on opportunity for group collaboration, all with delicious results.

Date	Day	Time	Barcode
Jan 12 – Feb 2	Thu	7:00 PM – 8:30 PM	25783
Feb 9 – Mar 2	Thu	7:00 PM – 8:30 PM	25784
Mar 9 – Mar 30	Thu	7:00 PM – 8:30 PM	25785



NEW

Yoga: Chinese Language **Supported**

Ages 55+ 6240 Main Street

\$38

\$35 (55+ Club members)

All are welcome for this traditional yoga class - beginners through to intermediate. Modifications are offered for each posture, based on your level of yoga experience, mobility and flexibility. Instructor will provide teaching support in English, Cantonese and Mandarin.

Date	Day	Time	Barcode
Jan 13 – Feb 3	Fri	9:00 AM – 10:00 AM	26357
Feb 10 – Mar 3	Fri	9:00 AM – 10:00 AM	26358
Mar 10 – Mar 31	Fri	9:00 AM – 10:00 AM	26359



NEW

Zumba

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Move to the beat and dance your way to health, wellness, and your fitness goals. Energize yourself and shed your stress by the end of this lively class. Great music, and great FUN for all fitness levels.

Date	Day	Time	Barcode
Jan 13 – Feb 3	Fri	10:00 AM – 10:45 AM	25774

Forever Fit

Ages 55+	\$38
6240 Main Street	\$35 (55+ Club members)

Cardio components will enhance heart and lung function while strengthening components improve balance, flexibility, and coordination. Great for those who wish to improve and maintain health and wellness.

Date	Day	Time	Barcode
Jan 13 – Feb 3	Fri	11:00 AM – 11:50 AM	25812
Feb 10 – Mar 3	Fri	11:00 AM – 11:50 AM	25813
Mar 10 – Mar 31	Fri	11:00 AM – 11:50 AM	25814





Evening Book Club

Ages 55+	6240 Main Street	Free w

with membership

There's nothing better than a good book to engage conversation and meet new friends. Each book of the month will be determined by the group prior to meeting in person at 6240. This activity is supported by 55+ Club Membership. While this program is free, registration is required.

Date	Day	Time	Barcode
Jan 25	Wed	7:00 PM – 8:30 PM	25863
Feb 22	Wed	7:00 PM – 8:30 PM	25864
Mar 22	Wed	7:00 PM – 8:30 PM	25865

Afternoon Book Club 2

Ages 55+ 6240 Main Street Free with membership

There's nothing better than a good book to engage conversation and meet new friends. Book of the month will be determined by the group prior to meeting in person at 6240. This activity is supported by 55+ Club Membership. Registration is required.

Date	Day	Time	Barcode
Jan 20	Fri	1:30 PM – 3:00 PM	25866
Feb 17	Fri	1:30 PM – 3:00 PM	25867
Mar 17	Fri	1:30 PM – 3:00 PM	25868

NEW 55+ Club Valentine's Night Out

In partnership with the Stouffville Museum and 19 on the Park Indulge in a night of romance, fun and learning featuring: a lively and interactive discussion on the history of courtship and a showing of the classic 1954 romantic comedy Sabrina. (Starring Audrey Hepburn, Humphrey Bogart and William Holden.) Concession items will be available for purchase. Pre-registration is encouraged. A limited number of tickets will be available for walk-ins, subject to availability.

Date	Day	Time	Barcode
Feb 14	Tue	6:30 PM – 9:00 PM	25823



Activ

Chine

\$16

Chine

55+ drop-in programs

A FREE membership gives Stouffville senior residents access to daily activities from 1:00 PM - 4:00 PM at 6240 Main Street. No registration needed!

Activity	Weekday	Dates
Chinese Public Square Dancing	Mon 9:30 AM - 11:00 AM	Jan 9 – Mar 27
Painting	Mon	Jan 9 – Mar 27
Billiards, Snooker, Table Tennis & Darts	Mon	Jan 9 – Mar 27
Colouring Circle	Mon	Jan 9 – Mar 27
Canasta: Hand & Foot	Tue	Jan 10 – Mar 28
Duplicate Bridge	Tue	Jan 10 – Mar 28
Camera Club	Tue	Jan 17
		Feb 21
		Mar 21
Chinese Public Square Dancing	Wed 9:30 AM - 11:00 AM	Jan 9 – Mar 27
Contract Bridge	Wed	Jan 11 – Mar 29
Knitting Circle	Wed	Jan 11 – Mar 29
Painting	Thu	Jan 12 – Mar 31
Mahjong	Thu	Jan 12 – Mar 31
Chinese Public Square Dancing	Fri 1:30 PM - 3:00 PM	Jan 9 – Mar 27
Contract Bridge	Fri	Jan 1 – Mar 31
Bid Euchre	Fri	Jan 1 – Mar 31
Bid Euchre Evenings	Fri 6:30 PM - 10:00 PM	Jan 1 – Mar 31



parks & parkettes

Amenities



* Skating rinks are built if volunteers are available to maintain them, rinks are open in winter months, subject to weather conditions. Contact leisure.services@townofws.ca if you'd like to help your local rink!

Community Parks

Rupert Park Rupert Ave & West Lawn Cres



Stouffville Reservoir Millard St (East of Ninth Line)

Memorial Park Burkholder St & Park Dr



Outdoor winter ice rinks in Whitchurch-Stouffville are at the mercy of the weather.

Visit townofws.ca/outdoor-ice-rinks and Town social media pages for updates throughout the season.



Stouffville Arena & Connell-Franklin Track Ninth Line (North of Main St)					
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Coultice Park Mussleman's Lake East side of Ninth Line



Wil	lov
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Vandorf Park

Vandorf Sideroad & Woodbine Ave





Aurora Rd (East of Hwy 48)





52

Bethesda Sport Fields

Bethesda Rd (East of Ninth Line)



Dog Park (Dogs must be leashed until inside park)

Rougeview Ave (Behind Staples)



Neighbourhood Parks



Sunnyridge Ave & Hoover Park Dr



Felcher Park

Felcher Blvd & Iroquois Dr



Byer's Pond Park

Byer's Pond Way (South of Hoover Park Dr)



Gar Lehman Park

Reeves Way & Joseph Todd



Greenwood Park

Greenwood Rd & Alderwood St



Parkettes

Summerfield Parkette Summerfield Ave



Waite Crescent Parkette

Waite Cres



Dougherty Parkette

Dougherty Rd







Bramble Crescent Parkette Bramble Cres



Bayberry Parkette West of Stouffville Reservoir



Aspen Crescent Parkette Aspen Cres



Greenforest Parkette Reeves Way & Joseph Todd



Shane Court Parkette Shane Ct



Boadway Parkette Boadway Dr



Stouffer Street Parkette (accessible)

Stouffer St & Hawthorne St





Fairlee Parkette Fairlee Circle

Summitview Parkette

Thicketwood Blvd & Stuart Dr

Reeves Way Parkette Reeves Way











Winter 2023 Stouffville PLAY Book: Parks





Baker Hill Parkette

Baker Hill Ave & Millard St



Miltrose Parkette

Miltrose Crt (South of Sunset Blvd & East of Ninth Line)



Lemonville Park

McCowan Rd (South of Bloomington Rd)



Savoia Parkette



Dannor Parkette

Sandiford Dr & Dannor Ave



Tresstown Parkette

Sunnyridge Ave & Filbert Ct





🖘 THE VILLAGE 📣 STOUFFVILLE

The Village of Stouffville merchants appreciate your ongoing support. Thank you for shopping locally.



www.DiscoverStouffville.ca The place to go if you want to know what's happening in Stouffville SIGN UP TO Receive Regular Updates!

STOUFFVILLE'S WINTER MUSIC FESTIVAL **JANUARY 20-21, 2023**

100+ BANDS & PERFO YOUTH STAGE MUSIC INDUSTRY PANELS



WWW.WINTERSONG.CA

Online registration opens November 28 at townofws.ca/active. See page 2 for details.

EAHIS

COLLECTIVE







@WINTERSONGFEST

🔀 Stouffville



Register for programs by scanning, or at townofws.ca/active

*Memberships, activities, and programs are subject to HST. Non-residents are subject to a 20% surcharge to register in Town of Whitchurch-Stouffville programs

Whitchurch-Stouffville Leisure Centre

2 Park DrIeisure.services@townofws.caStouffville, ONImage: Comparison of the services and the services and

Hours

Monday – Thursday Friday Saturday & Sunday 6:00 AM – 10:00 PM 6:00 AM – 9:00 PM 7:30 AM – 8:00 PM

Registration for residents opens November 28, 2022. **See page 2 for details.**

